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<p><b>American Heart Month</b></p> 				<p><b>1</b> 9:30 Morning Café 10:30 Exercise on Channel 51 10:00 Out to Acme 1:00 Mystery Ride 2:00 Happy Hour with Johnny Tocco</p> <p><b>National Dark Chocolate Day</b></p>	<p><b>2</b> 9:30 Morning Café 10:30 Pamper your nails in Activities 1:30 Craft</p> <p><b>National Wear Red Day Ground Hog Day</b></p> 	<p><b>3</b> 9:30 Morning Café 10:30 Exercise Channel 51 1:30 Hangman &amp; Carrot cake muffins 4:00 Movie</p>  <p><b>National Carrot Cake Day</b></p>
<p><b>4</b> 9:00 Morning Café 10:30 Exercise on Channel 51 1:30 Coloring pages in Activities 2:30 Hot Chocolate &amp; Cookies</p> 	<p><b>5</b> 9:30 Morning Café 10:30 Exercise on 51 1:30 Coffee with a kick 2:30 Bingo</p> 	<p><b>6</b> 9:30 Morning Café 10:30 Resident Council 1:30 How to Hunt for the Jersey Devil 3:00 Short Stop</p> 	<p><b>7</b> 9:30 Morning Café outside 10:30 Exercise on 51 1:00 Communion 1:30 Make a Card for A Friend Craft</p> <p><b>National Send a Card to a Friend Day</b></p>	<p><b>8</b> 9:30 Morning Café 10:00 Mystery Ride 10:30 Exercise on 51 1:30 SOUPER -bowl Tasting 2:00 Sycamore Thrift</p> 	<p><b>9</b> 9:30 Morning Café 10:30 Pamper your nails in Activities 1:30 Superbowl tailgating &amp; Happy Hour</p> 	<p><b>10</b> 9:30 Morning Café 10:30 Exercise Channel 51 1:30 The Year of the Dragon!! Chinese Noodles, Sauce and Fortune Cookies in Activities. 2:30 Chinese New Year Trivia</p> 
<p><b>11</b> 9:00 Morning Café 10:30 Exercise on Ch 51 1:30 Mardi Gras Mask Decorating Craft 2:00 Church in the Living Room 3:00 Chips &amp; Dill Dip in the Activity Room 4:00 Movie</p>	<p><b>12</b> 9:30 Morning Café 10:30 Caption Call demonstration in activities 1:30 Valentines Day Baking</p> <p><b>Cookie Day</b></p>	<p><b>13</b> 9:30 Morning Café and donuts for Fat Tuesday 10:30 Exercise channel 51 12:30 Name that tune with Chris 2:00 Mardi Gras snacks</p> 	<p><b>14</b> 9:30 Morning Café with Bagels 10:30 Exercise on 51 1:00 Communion 1:30 Cupid Floats 2:00 Entertainment with Bob 2:00 Winner of the Cupid basket announced</p> <p><b>Ash Wednesday</b></p>	<p><b>15</b> 9:30 Morning Café 10:30 Exercise on Channel 51 10:30 Town Hall Meeting with Sam, Spencer &amp; Avi in the Activity Room 1:00 Mystery Ride 2:00 Keith Hickman in the Dining Room</p>	<p><b>16</b> 9:30 Morning Café 10:30 Pamper your nails in Activities 11:00 Short Stop 1:00 Words in Words 2:00 Happy Hour with Dennis</p> <p><b>National Red Sock Day</b></p>	<p><b>17</b> 9:30 Morning Café 10:30 Exercise Channel 51 1:30 Bingo 3:00 Snack time in Activities 4:00 Movie</p> 
<p><b>18</b> 9:00 Morning Café 10:30 Exercise on Channel 51 1:30 Coloring Pages in Activities 1:30 Baking cookies</p> 	<p><b>19</b> 9:30 Morning Café 10:30 Exercise with Rose in Activities 1:30 Craft</p> <p><b>Chocolate Mint Day</b></p>	<p><b>20</b> 9:30 Morning Café 10:30 Exercise channel 51 1:30 Hot Chocolate &amp; muffins 3:00 Short Stop</p> <p><b>National Muffin Day</b></p>	<p><b>21</b> 9:30 Morning Café 10:30 Exercise on 51 1:00 Communion 1:30 Bingo</p> 	<p><b>22</b> 9:30 Morning Café 10:30 Exercise 10:00 Out to Aldi's 1:30 Craft 2:00 Mystery Ride</p> <p><b>National Margarita Day HAIRDRESSER IS IN AT 8:30</b></p>	<p><b>23</b> 9:30 Morning Café 10:30 Pamper your nails in Activities 10:30 Exercise on Channel 51 1:00 Name that tune in Activities. 2:00 Banana Bread and Punch</p> 	<p><b>24</b> 9:30 Morning Café 10:30 Exercise Channel 51 1:30 Hangman 2:30 Pretzels &amp; Punch</p>
<p><b>25</b> 9:00 Morning Café 10:30 Exercise on Channel 51 1:00 Coloring pages in the Living Room 2:30 Bingo 4:00 Movie</p>	<p><b>26</b> 9:30 Morning Café 10:30 Exercise on Channel 51 1:30 Craft</p> 	<p><b>27</b> 9:30 Morning Café 10:30 Exercise channel 51 1:30 Coffee &amp; Kahlua 2:30 Mass with Father King</p> <p><b>National Kahlua Day</b></p> 	<p><b>28</b> 9:30 Morning Café 10:30 Exercise on 51 1:00 Communion 1:30 Bingo 3:00 Short Stop</p>	<p><b>29</b> 9:30 Morning Café 10:30 Exercise on Channel 51 1:30 Frog Races (winner will get a prize) 2:00 Swamp Punch &amp; Swamp Dip snacks</p> <p><b>Leaping into March Happy Hour WEAR YOUR GREEN TODAY LIKE A FROG</b></p>		